

THE SPLASHWORLD 10K

IN ASSOCIATION WITH



Balance
fitness Waterford

SUNDAY MARCH 28TH
@ 12.30PM

SPLASHWORLD TRAMORE CO.WATERFORD



10K RUN
7.5K WALK
LIVE MUSIC
KIDS ENTERTAINMENT
FLAMIN HOG BBQ



RACE ENTRY: ADULT-€10 U18-€5

CHANGE ROOMS, SHOWERS AND POOL ENTRY AVAILABLE ON THE DAY WITH RACE NUMBER.
PICK UP AN ENTRY FORM AT USUAL OUTLETS.

ENTRY OPTIONS

1. IN PERSON AT SPLASHWORLD
2. POST - SPLASHWORLD, TRAMORE CO. WATERFORD (*Cheques payable to Splashworld*)
3. PHONE - PAY BY CREDIT CARD CALL 051 390 176
4. HARLEQUIN CAFE - 37 STEPHEN STREET, WATERFORD - BESIDE BALANCE FITNESS
5. ON THE DAY - LIMITED ENTRY FROM 11AM

For more information contact Splashworld or Seamus Doyle **Balance** 087 786 4013 www@balance.ie
fitness Waterford



The Splashworld 10k will donate all profits from this event to the **Tramore Order of Malta**